# Helpful Tips



Kristopher Mallory

# Helpful Tips

by

Kristopher Mallory

# Helpful Tips

*A Psychological Horror Story*

# Copyright




www.StealthFiction.com

**Helpful Tips**

eBook Edition
Copyright © 2013, 2026 Kristopher Mallory
Cover art by Kristopher Mallory, made with AI image tools

~~~~

*Edited with Grammarly and Claude*

~~~~

**eBook License Notes:**

You may not use, reproduce or transmit in any manner, any part of this book without written permission, except in the case of brief quotations used in critical articles and reviews, or in accordance with federal Fair Use laws. All rights are reserved.

**Disclaimer:**

This is a work of fiction. Names, characters, places and incidents are products of the author's imagination, or the author has used them fictitiously.

# Other Releases by Kristopher Mallory

*Watchtowers of Carthage Key*

*The Scarecrow Corpse*

*Blizzard Angel*

*The Resistance*

*Gillian*

*Long-Term Investment*

*Wrong Way Charlie*

*Prepared Fresh*

*Road Trip Down A Dark Memory Lane*

*She's Not Human*

*Universal Transmission*

*The Little Old Lady*

# What People Are Saying about Kris's Stories

***Helpful Tips:***

"Clever bit of writing. Damn, I like this a lot." – *poplulpa*

***Helpful Tips:***

"The beginning with all the questioning made me want to punch you really hard. The rest was lovely though." – *olgaslam*

***Another Small Burn:***

"That would make a fantastic Novella or novel, I was sad when it ended and wanted more." – *smoore*

***Master Stargazer:***

"Interesting short story, well written, with a proper thought provoking ending, I would like a longer book based on the same story, if the author doesn't mind writing it." – *Izzy F.*

# Special Thanks

*For You.*

# Table of Contents

Copyright
Other Releases
What People Are Saying
Special Thanks

Helpful Tips

About the Author
What’s Next?
Hear It Read Aloud
More from Kristopher Mallory
More from Stealth Fiction

# Helpful Tips

*“People fake a lot of human interactions, but I feel like I fake them all and I fake them very well.”*

~ Dexter Morgan, Dexter (2006)

Patience is the most important thing you need. The most important. This cannot be stressed enough. Without patience, you will lose. No doubt about it. Also, do not make the mistake of tricking yourself into thinking you have it if you do not. Most people do that. Most people are not worth the air they breathe. Do you have patience? Really think it over. Do it now. I can wait.

Is it there?

That was not patience. A dedicated student would have thought it over three times longer than you did. You are a failure. You have always been a failure. You will always be a failure. Pathetic. You should quit. You do not have what it takes to be this. Failure. You are what everyone said about you behind your back. A joke. A disgrace. A useless, disgusting thing. You are not worth the shit that flees from your worthless body. Do not read on. Leave now. You are a failure.

Why are you still here? Do you have something to prove? Do you think I know nothing about you or your situation?

Maybe I touched a nerve. Tell me how you feel. No lies. Lies are useless. How do you *really* feel? Right now, in this instant.

Liar. That is not how you feel. *I feel nothing* is the only correct answer. You are hopeless. Study the Eight Primary Emotions. Know them. Never feel them. They are nothing more than an illusion. You may use these shadows against others, but never let them be used against you.

Maybe you think none of the above applies to you. It does. Or maybe you saw through my deceptions. You did not. Maybe you think that you are not a failure. That you are not so easily stirred. That you are too intelligent to fall for a simple ruse. You think yourself clever? Witty? Brilliant, perhaps?

Yes?

Wrong. Pride will be your downfall. You need humility. You need modesty. You need the opposite of hubris. But do not mistake my intentions. I need you to know you are better than everyone. In every way, shape, and form. But you cannot show it. Never show it. So many others

have come undone by openly toying with those beneath them. Even the weakest fool possesses an uncanny ability to see you for what you are.

You must learn to be one of them. Do not *act* normal. Be normal. It requires strength. It requires cunning. And it is the only time you must force yourself to lie to yourself. Know this, and you will go far.

Your nature will try to rip through. The realization of what you are will come when you least expect it. Suppression is the key. Do not falter.

The time will come when you will be able to bask in the glory of the things you have done. The time will come when you can finally free yourself from the self-imposed prison of conformity. The time will come when you can do what you please. For you can be fear incarnate if you so choose. You can be the manipulative decider of fates. You can be god.

I am in awe.

Truly.

These tips have served their purpose. They have proven you are ready. You have learned to hide so well. So well, in fact, that you do not even remember writing this.

THE END.



# About the Author



Born near Baltimore, Maryland, Kris has been writing short fiction since he was a kid. First sharing his ramblings on Stealth Fiction and then on Reddit, where most of his stories were posted to r/nosleep. His stories have been featured on The NoSleep Podcast, Chilling Tales for Dark Nights, Tales to Terrify, and Horror on the Rocks. The recording of The Scarecrow Corpse, read by Markiplier, has been heard hundreds of thousands of times. He lives in Melbourne, Australia, with his wife. And occasionally, he turns into a strawberry.

More stories: StealthFiction.com

# What's Next?

**LET ME TELL YOU HOW I LOST MY EYES**

**A Short Story Collection by Sammy Fowler**

Coming one day. Maybe. Probably not.

~~~~~
~~~~~

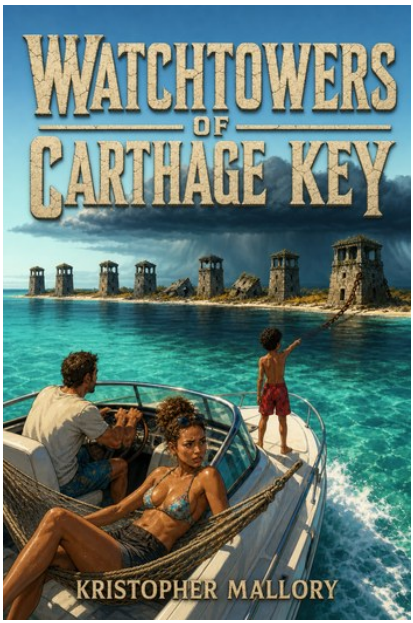
# Hear It Read Aloud

*Some stories are better heard in the dark.*

*Helpful Tips* has a complete audio narration, read by Maven, a digital voice. It runs 4 minutes and it's free: play it online, or download it as an MP3 or an audiobook with chapters.

Listen free at stealthfiction.com

# More from Kristopher Mallory




**WATCHTOWERS OF CARTHAGE KEY**

This cosmic horror story is now available on Amazon. For more information on this book, please visit Stealth Fiction.

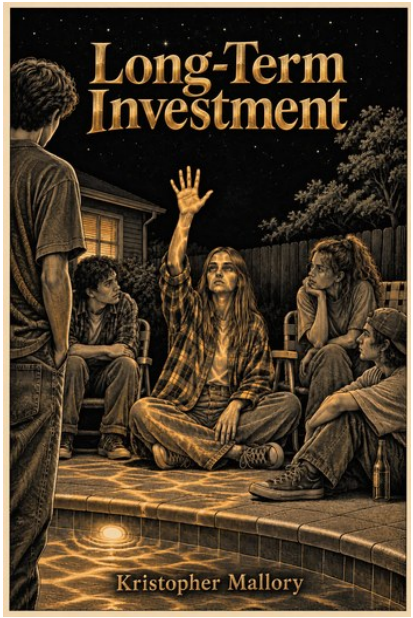
~~~~~

Marc takes his girlfriend and her son out to an unnamed key far off the Florida coast, where six ruined watchtowers stand guard and nothing swims in the water.

~~~~~

***Praise for Watchtowers of Carthage Key:***

"Mysterious ruins, otherworldly horrors, the narrator questioning his own sanity, and the setting itself is the monster - very Lovecraftian!" – *notoriouswhitemoth*




**LONG-TERM INVESTMENT**

This occult horror story is now available as an eBook. For more information on this book, please visit Stealth Fiction.

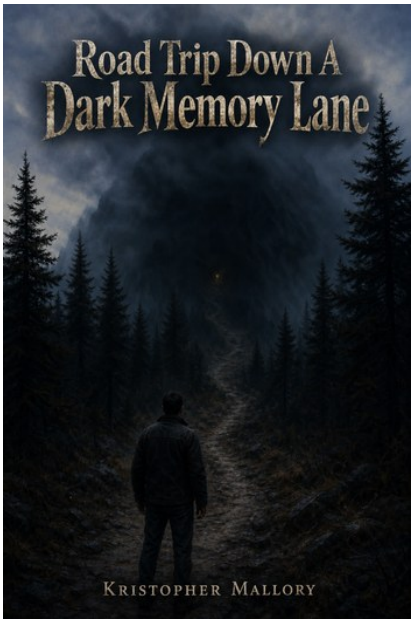
~~~~~

Sammy keeps something he bought from Kristi Kurtis for five dollars at a teenage pool party, and as her life comes apart she still wants it back.

~~~~~

***Praise for Long-Term Investment:***

"Starts as a teenage memory and turns into a slow, cold dread you won't shake for days." – *Stealth Fiction*




**ROAD TRIP DOWN A DARK MEMORY LANE**

This psychological horror story is now available as an eBook. For more information on this book, please visit Stealth Fiction.

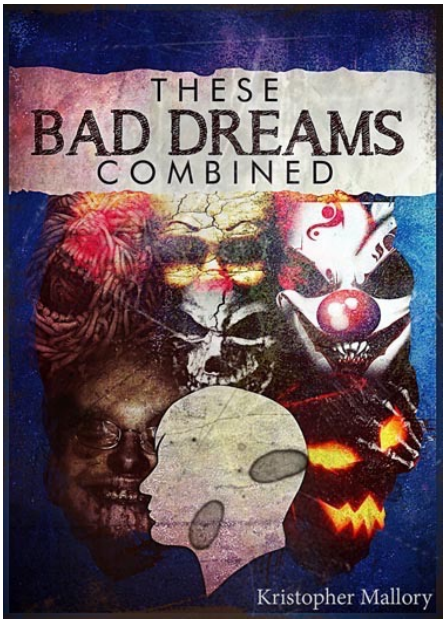
~~~~~

Twenty-five years after he was taken as a boy, a husband and father writes it all down, loads the car, and drives his family back to Black Fog Mountain.

~~~~~

***Praise for Road Trip Down A Dark Memory Lane:***

"Every mile pulls the knot tighter, and the ending is the kind you sit with in silence." – *Stealth Fiction*




**THESE BAD DREAMS COMBINED**

This suspense thriller is now available. For more information on this book, please visit Stealth Fiction.

~~~~~

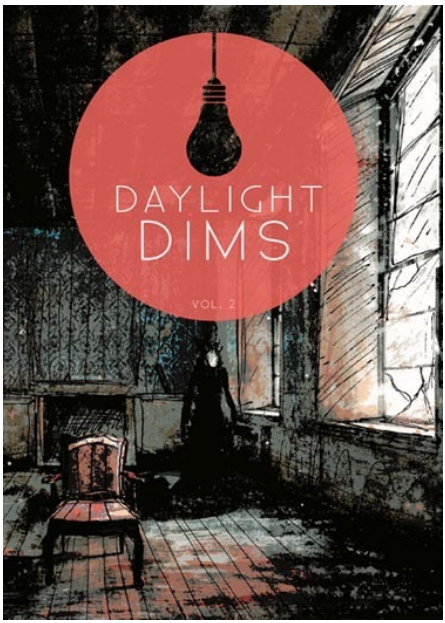
A man struggles to deal with severe nightmares. A new medical trial is his last chance at a normal life.

~~~~~

***Praise for These Bad Dreams Combined:***

"I have no idea WTF is going on here, but I'm fascinated!" – *ali*

# More from Stealth Fiction




**DAYLIGHT DIMS**
**VOLUME TWO**

This horror anthology is now available. For more information on this book, please visit the Daylight Dims website.

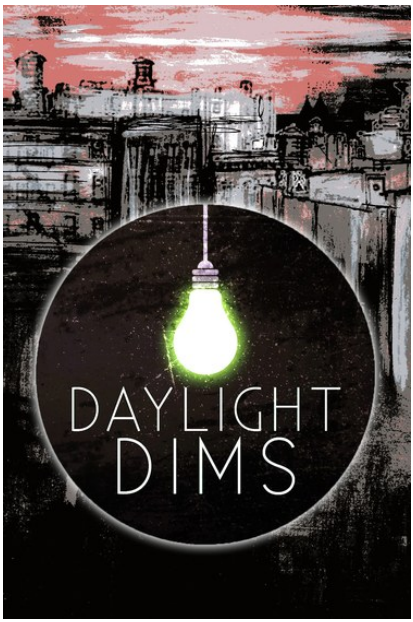
~~~~~

Darkness descends again. Daylight Dims Volume Two features thirteen stories that cross the genres of surreal, dark fantasy, and heart-pounding dread. This annual horror anthology is guaranteed to twist your perception of horror. From the common, comfortable tropes to the more taboo, these handpicked tales have a literary aspect designed to showcase what true horror can be.

~~~~~

***Praise for Daylight Dims Vol. 2:***

“This was probably one of the most entertaining collections of horror stories I've ever read. And I don't say this to suck up or to stroke any tail feathers. I was happy to have the opportunity to read through this before release, and I implore anyone on the fence about picking this up to do themselves a favor and take the plunge into the abyss. You will not be disappointed.” – *Human Gravy*




**DAYLIGHT DIMS**

**VOLUME ONE**

*Second Edition — now with two new stories from the editors.*

This horror anthology is now available. For more information on this book, please visit the Daylight Dims website.

~~~~~

The editors chose 13 stories from over 100 premium submissions. DD contains some of the best horror around.

~~~~~

***Praise for Daylight Dims:***

"This is a fantastic horror anthology. All 13 stories are exquisite. The book was not what I expected initially, as I thought that it might be all vampire or werewolf tales. Not so! These are original stories from authors of the macabre. From dark fantasy and pure suspense to classic horror tales, it shows the extraordinary scope of fantastical fright fiction. The stories in this anthology are a tour de force of fear, which will haunt you, terrify you, and stay with you." – S. Mahaffey, *"neverjudge"*